

## URINE SPECIMEN: CLEAN CATCH - MALE

A clean catch urine specimen is collected to find out what kinds of bacteria (germs), if any, are in your child's urine.

Before your child urinates, you must clean around the urinary opening carefully. **Careful cleaning will help prevent germs on the outside of your child's body from getting into the urine specimen. For your child to get the correct medical treatment, the test must show only the germs that are in the urine.**

### YOU WILL NEED

- A clean catch urine kit (collection packet),  
or all of the following:
- 1 small sterile container
- Label with child's name and date of birth,  
and collection date and time
- Liquid soap
- 2 clean washcloths
- Soap towelette package (3 towelettes)
- Rubber gloves (optional)

### HOW TO COLLECT THE URINE SPECIMEN

1. Wash your hands. Put on the rubber gloves if desired.
2. Soak the washcloth with liquid soap and water or use the soap towelette from the collection packet.
3. Clean the head of your child's penis with the towelette or a soapy washcloth. Wash with circular strokes. (If your child is uncircumcised, pull back the foreskin and clean thoroughly. Pull the foreskin over the penis head after collecting the urine.)
4. Repeat step 3 with all of the towelettes.
5. Get the urine collection container. (Do not touch the inside of the bottle or the lid.)
6. Have your child start urinating into the toilet. Then hold the container under the stream of urine and collect at least 1 ounce of urine (30mL). (See the lines marked on the side of the container.) Remove the cup from the stream of urine and allow your child to finish urinating into the toilet.
7. Put the cap on the container. Be sure the cap is tightly closed to prevent leaks. Wash the outside of the container. Remove the rubber gloves and wash your hands well.



**Picture 1** Collect the urine **after** your child has started to urinate.

## **AFTER COLLECTING THE SPECIMEN**

1. Label the container with your child's name, date of birth, and the date and time the urine was collected and give it to the nurse.
2. If the collection is done at home, bring the specimen to a ChildLab Laboratory Service Center within 30 minutes after collection. If you cannot bring the specimen within 30 minutes, keep it on ice or in the refrigerator, but do **NOT** freeze. **The urine specimen must be kept cold until it is delivered to the laboratory.**
3. Place the urine container in a cooler with ice when you bring it to the hospital. **Do not pack ice around the container as it may freeze.** Please bring your child with you when you bring the urine specimen to the laboratory. You may be asked to collect a fresh specimen in the clinic.
4. All urine specimens must be tested within 24 hours of collection.

If you have any questions, be sure to ask your doctor or nurse.

Please refer to the ChildLab Laboratory Service Center map, call 1-800-934-6575 or log onto [www.ChildLab.com](http://www.ChildLab.com) for directions.